

MAKE 2018 YOUR BEST YEAR EVER!

EVERYONE CAN LEARN HEALING TOUCH!

Healing Touch



one of the gentlest, easiest to learn self-care opportunities!



Take a Healing Touch class in 2018!

Announcing the Peter Buswinka Healing Touch Scholarship Fund:

In 2018 Healing Touch classes increase in price to \$497 each nationally. Thanks to the Peter Buswinka Fund . . . commit to taking Levels 1, 2, & 3; pay \$150 for each level-class, volunteer & practice Tuesday nights at VITALITY from Jan - Sept; recruit friends to come for the monthly \$10 sessions where you practice your skills. Very limited spots available; details about Tuesday nights to the right. Contact Brian at 513.300.5174 for info!

1

LEVEL 1 CLASSES

with Mary Duennes

January 27-28 or
April 14-15

2

LEVEL 2 CLASS

with Mary Duennes

June 23-24

3

LEVEL 3 CLASS

with Lynn Placek

August 4-5

ALL ARE WELCOME!

1st Tuesdays of every
month (6:30 - 7:30p):
Healing Meditation Circle

2nd Tuesdays (6:30 - 8p):
Healing Touch Practice Group

3rd Tuesdays (6:30 - 8p):
*Inner Journey Journaling
& Conversation*

4th Tuesdays:
\$10 fifty-minute *Healing
Touch* appointments at
5:30, 6:30, & 7:30p



VITALITY Cincinnati, Inc.
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free parking in our landlord's
Domino's Pizza lot, plus free
on-street parking –
check the calendar on our
website for holiday/weather
cancellations!